



GLUTEN FREE TRAVEL-US.COM

# COSTA RICA ITINERARY

9 DAYS

**Costa Rica Romance**

**Gluten Free**

9 Days



Below you will find one more of our suggested itineraries. With weddings, engagements and so many romantic trips postponed, now is the time to plan for your couple's experience. As always, we work with our destination specialists to create the exact itinerary you are dreaming about. This is simply a starting point. We look forward to your input. There are a number of very romantic properties that we can recommend. The locations below are simply suggestions.

## **Day 1 - Arrival at LIR Airport - Transfer to the Arenal Volcano**

Arrival to LIBERIA Airport. Meet & greet and private transfer to the [Arenal Volcano](#) (2 ½ hour drive). Free afternoon to enjoy the resort facilities. Check in for 4 nights in Luxury Tent (with private plunge pool)



# COSTA RICA ITINERARY

9 DAYS

---

**Day 2 – (B)** There are a myriad of things to do here. In this suggested itinerary we have included some of the most requested. But there are many additional options including: Chocolate and Coffee Tour, Waterfalls, Bird Watching, walking through Lava fields, Kayaking, Trekking – we can cater to even the most adventurous of you.

## **Mistico Arenal Hanging Bridges**

This beautiful, environmentally friendly project located near the Arenal Volcano offers a series of trails that span a total of 2 miles, allowing you to see the rainforest from a bird's perspective! Your naturalist guide will teach you about Costa Rican culture, history, and nature, while pointing out different species of plants, animals and birds along the way. These trails bring you as close as you'd ever hope to see the rainforest and its inhabitants, as well as give you access to see stunning views of the rainforest and mountains that are miles away. Transfer back to the hotel and balance of the afternoon at leisure



Mistico Hanging Bridges

**OR** - see next page



# COSTA RICA ITINERARY

9 DAYS

---



**Guided Visit & Walk at the Base of the Arenal Volcano**, the main attraction in this Northern Region. Its perfect-formed cone impress visitors from all over the world. You will have the chance hike along the base of this active volcano, exploring its surrounding tropical forest and observe the petrified lava flows produced by the Arenal during its most active eruption periods. After the tour transfer back to your hotel and balance of the day at leisure.

**OR**



**Horseback Riding Arenal** combines excellent riding with fascinating introductions to the rich rain forest of Arenal. During this adventure, we will take you back to an era when life moved more slowly and people take more time to appreciate the beauty of nature, the sounds, the color and the energy in the air. You will appreciate the density of the forest and access to pastures located on the highest hill of the park from where you will have a stunning view of the Arenal Volcano and Lake. This tour includes a short visit to one of the hanging bridges during a pause of the ride. It is your first time on a horse? If so, you will be instructed by a professional guide that offers a vast knowledge of horses and how to ride them for the first time. The scenery at Paco's Hoses is large and breathtaking, you can't go wrong with this adventure.

# COSTA RICA ITINERARY

9 DAYS

## Additional Package Information

**Day 3 - (B,D)** Day at Leisure – This could be your “Your Day” starting with choosing your own onsite options then ending the day with a Romantic Dinner prepared by a Private Chef. Or add the Couples Nature Escape – 2 hours of pure luxury for the two of you.

**Couples Nature Escape** - A sumptuous escape for couples. 1 hour Hot Stones massage, 30 minute refreshing facial and 30 minute private relaxing time. Your experience begins with a sea salt foot soak, followed by the two treatments with two therapists working in unison side by side. After the treatments, you will stay in a private garden to indulge on a Jacuzzi overlooking the forest. Includes snack (can be done gluten free) 120 minutes.



### Romantic Dinner with Private Chef

In the evening, enjoy a romantic dinner in a Moroccan style private bungalow. A four course menu prepared by your private chef as per your selection including the wine of your choice. Start your evening with a glass of champagne surrounded by candle lights, rose petals and romantic background music.



### Day 4 - Arenal Zip Line & Tarzan Swing Tour

**(B)** This morning you will be picked up for the **Arenal Zip Line & Tarzan Swing Tour**. This zip line tour is considered one of the best in the area as it has 15 platforms and 13 cables. This ride will let you admire the beautiful surroundings and observe monkeys, birds and sloths as you practically fly over the canopy of the rainforest. Half the way the tour you will have the opportunity to enjoy Tarzan Swing, an unforgettable adventure! After the tour you will have a transfer back to the hotel. Free afternoon to enjoy the resort facilities.





# COSTA RICA ITINERARY

9 DAYS

---

**TRANSFER TODAY FROM ARENAL TO YOUR BEACH FRONT ACCOMMODATION  
IN PAPAGAYO WITH A FUN ADVENTURE ALONG THE WAY**

## **Day 5 - Safari Float in the Corobici River – Papagayo**

**(B,L,D)** Breakfast at the hotel and private transfer to the Papagayo lodging located in the Costa Rica's North Pacific Coast about 3:30 hour drive. On the way, near the town of Cañas, you will stop for a safari floating tour on the scenic Corobici River. Observe the abundant wildlife that gathers in the lush vegetation along the riverbanks as you float by. During this relaxing nature safari, you will get a chance to see exotic wildlife, such as birds, monkeys and crocodiles, set against a backdrop of cattle ranches and graceful rolling hills that lead to the [Gulf of Nicoya](#). After the tour, enjoy a Costa Rican lunch before continuing to [Papagayo](#). Hotel check-in and balance of the afternoon at leisure. Check in for 4 nights in oceanfront beach suite.



Safari Float on Corobici River

# COSTA RICA ITINERARY

9 DAYS

---



## **Day 6 – 9 - Papagayo**

**(B,L,D)** Days at leisure to enjoy the resort facilities. During your stay at Papagayo lodging we can include a guided hike in the nature trails and the use of all equipment for snorkeling, kayaking and paddle boarding.

**If you prefer to plan your days ahead, please request options for tours, excursions and activities – private or shared. Our destination specialist will be delighted to provide options.**



**Day 8 – we have suggested a Couples Massage today. Get ready for the upcoming return home with a special time of relaxation and togetherness. Choose from a variety of options. Add a private dinner on the beach.**



# COSTA RICA ITINERARY

9 DAYS

---

**Add a private dinner on the beach to conclude your romantic experience of a lifetime.**



## **Day 9- Liberia International Airport**

**(B)** According to the departure time of your international flight, shuttle transfer to the Liberia Airport End of our services.

# COSTA RICA ITINERARY

9 DAYS

---

