



ECUADOR ITINERARY

"YOU FOCUS ON THE FUN, WE FOCUS ON THE FOOD"

LAND PROGRAM

Gluten Free travel to Ecuador

DAY 1: DEPART USA, ARRIVAL AND TRANSFER IN QUITO

Arrive to Quito. A bilingual guide will pick you up from the airport and transfer you to the hotel. He will be able to assist you in anything you may need. Overnight in hotel.

DAY 2: CITY TOUR + MIDDLE OF THE WORLD (B, L)



The tour begins with a great view of Orellana's way and Guapulo Sanctuary (XVII Century). Later see the stone carved façade of Ecuador's House of Congress. Afterwards, walk in the old city visiting the Independence Square, surrounded by historically important buildings. Visit the Cathedral (XVI Century), Presidential Palace, El Sagrario Church (XVII Century), and one of the most beautiful baroque churches in South America, La Compañía de Jesús (XVII Century). The Church of San Francisco and Monastery were built a few months after the Spaniards arrival (XVI Century).

We will drive 15 Km. north of Quito, towards the Middle of the World where the equatorial line divide the north and South Hemisphere. We will visit the main Monument built in honor to the French Scientific Expedition that arrived to Ecuador in the XVIII century to define the correct location of the equator. Here you will have the opportunity to visit the Ethnographic Museum, located inside the Equator Monument, which shows a display of the main cultures of Ecuador. Or, visit the Inti Ñan Museum, a scientific and cultural Museum, located in the exact place where the Equator Line crosses.

Lunch served at Restaurant Cochabamba that offers Gluten Free

Overnight in Hotel Marriott.

DAY 3: OTAVALO INDIAN MARKET (B, L)

Drive to the North toward the Province of Lakes, Imbabura. Taste exotic fruits in Guayllabamba valley, cross the Equator Line and arrive at Cayambe where in a good day you can appreciate the majestic Snow-capped mountain (5,790 m.), the world highest point where the Equator Line crosses, and try its famous salt biscuits with leaf cheese. At the foot of Imbabura Mountain enjoy the picturesque view of Ecuador's largest lake, San Pablo. Afterwards visit the famous Otavalo Indian Market. In the afternoon, visit Cotacachi Village, well known for its leather and

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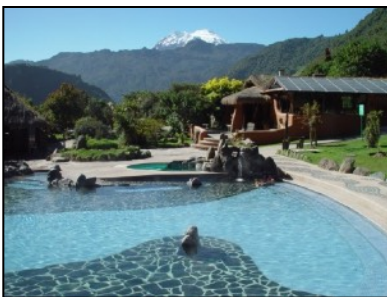


Lunch is served at Hacienda Pinsaqui that offers Gluten Free

Overnight in hotel.

DAY 4: COTOPAXI NATIONAL PARK (B, L)

Drive along the Panamericana highway well known as "The Volcanoes Avenue" towards the world's highest active volcano, Cotopaxi (5,897 meters). Drive on a third order road through a Pine forest to Limpiopungo Lake which is located 3,800 meters above sea level along the slopes of the magnificent Cotopaxi Volcano. If you wish, you can drive further to the parking lot located at 4,500 meters in order to hike up to the Refuge at 4,800 meters. (Good health condition is required in order to hike). In the afternoon visit an Indian Market. (There are different markets in this region



which vary according to the day).

Lunch Served at Hacienda La Cienega – that offers Gluten Free

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DAY 6: TRANSFER OUT (B,L,D) – must be a Thursday

A guide will pick you up from the hotel and transfer you to the airport in order to take your flight to the Galapagos Islands.

On arrival to Baltra transfer to Galapagos cruise vessel

Ballena Bay –Eden ISlent (Santa Cruz)

DAY 7: Galapagos (B,L,D)

Moreno Point (Isabela)

Elizabeth Bay (Isabela)

DAY 8: Galapagos (B,L,D)

Sat: Urbina Bay (Isabela)

Tagus Cove (Isabela)

DAY 9: Galapagos (B,L,D)

Sun: Espinoza Point (Fernandina)

Vicente Roca Point (Isabela)

DAY 10: TRANSFER IN QUITO (B,D)

Arrive to Baltra transfer out flight to Quito

A bilingual guide will pick you up from the airport and transfer you to the hotel. Overnight in hotel.

DAY 11: TRANSFER OUT GALAPAGOS (B)

A guide will pick you up from the hotel and transfer you to the airport in order to take your international flight.

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COST: For pricing and more details please call Ellen Morse at 312-337-9235
Group pricing can be obtained upon request.

RATES INCLUDE:

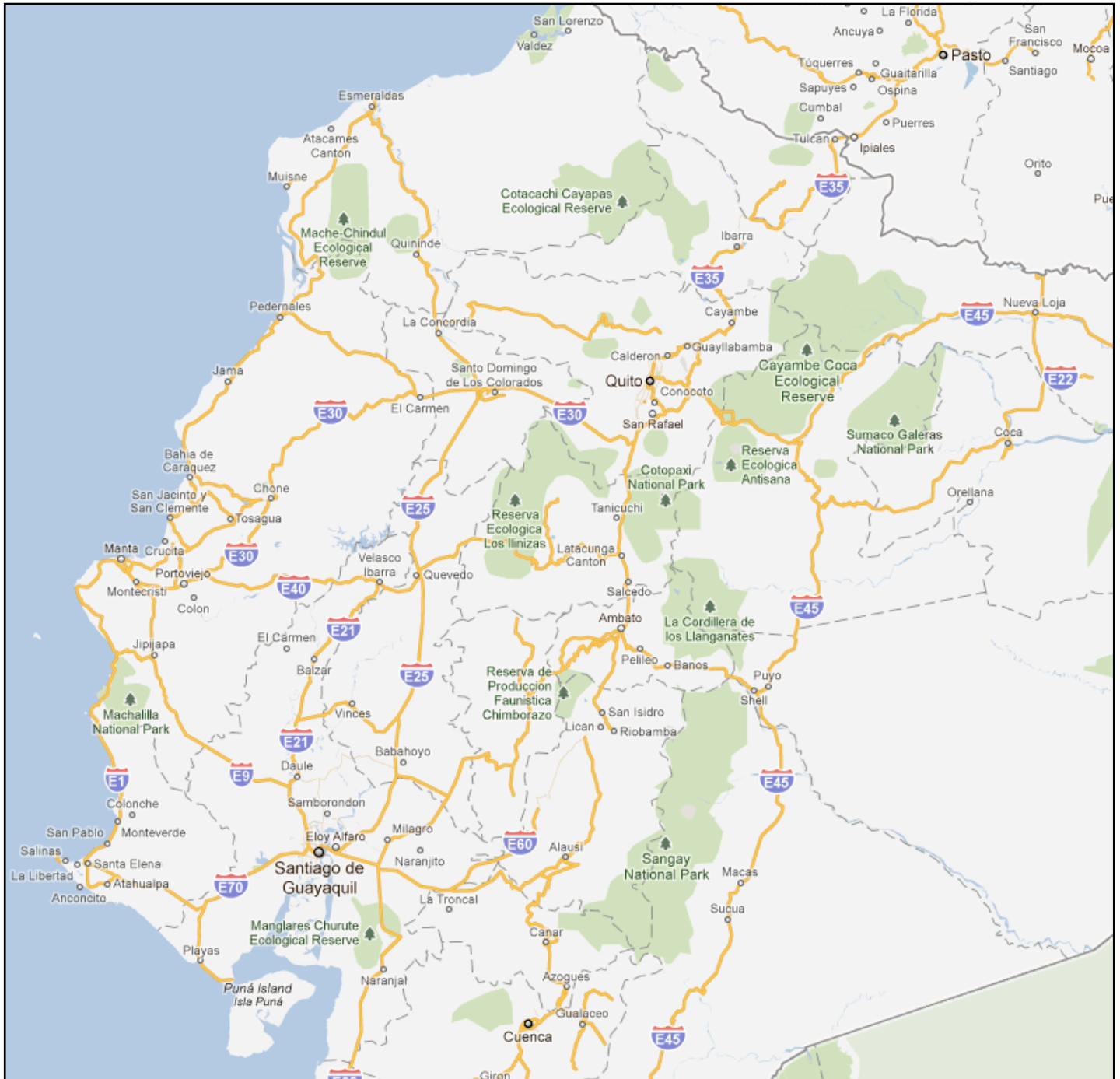
- English speaking guide
- Private transportation
- Accommodation at hotel with daily breakfast
- Meals and services as per the program
- Entrance fee for the highlights

RATES DO NOT INCLUDE:

- Drinks
- Extra meals and services
- Personal expenses
- Tips (not mandatory)

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