



SPAIN ITINERARY

“YOU FOCUS ON THE FUN, WE FOCUS ON THE FOOD”

GLUTEN FREE SPAIN

This itinerary is changeable and flexible based upon what you are interested in doing. It can be active or laid back, depending upon how many tours/excursions you wish to add. Our basic goal is to provide you with hotels and restaurants that will offer you gluten free choices for every meal. Pricing will depend upon the number of passengers, length of trip and time of year. High season begins around May and extends into September; with the exception of holidays which are also considered higher cost.

Depart USA

Day 1 - Arrive MADRID

Private transfer to Madrid hotel

Afternoon at Leisure

Dinner at hotel or restaurant suggestion



Day 2 - Optional Madrid City tour

Lunch in center of the city

Dinner at hotel or restaurants suggestions

Day 3 - Day at Leisure

Lunch in the center of the city- restaurant suggestions

Optional Dinner show at Casa Patas – flamenco dancing

Day 4 - Madrid to Barcelona via rail

Private transfer to Barcelona hotel

Afternoon at Leisure

Dinner at hotel or restaurant suggestions



Day 5 - Choice of Optional tours including Gothic Quarter

Lunch in center of city – restaurant suggestions

Dinner at hotel or restaurant suggestions

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Day 6 - Optional Gaudi Tour of Barcelona including Sagrada Familia
Lunch at Costa Gallega followed by free time
Dinner at Can Travi Nou Catalan Farmhouse



Day 7 - Final day in Barcelona.

Day 8 - Breakfast at hotel, private transfer to airport for trip home to USA

OR transfer to rail station for train to San Sebastian optional extension including optional cooking class the Culinary Workshop, San Sebastian. Two night stay at two night stay at San Sebastian local accommodation.

OPTIONAL TOURS/EXCURSIONS/ ACTIVITIES

Please see the following pages.



Retiro Park Madrid

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OPTIONAL TOURS/EXCURSIONS/ ACTIVITIES

Any of these can be added to your itinerary. If you wish to spend more time in either city to take advantage of more of these, we can alter the length of the trip.

MADRID:

Avila Segovia – full day excursion
Toledo – full day or half day
Flamenco Show with drink
Escorial Monastery
Los Rozas Village Outlet Shopping
Madrid Bike Tour
Madrid Hop On, Hop Off tour

BARCELONA:

Barcelona Hop On, Hop Off
Barcelona Bike Tour
Picasso Walking Tour
Gothic Walking Tour
Figueres, Dali, Girona full day tour
Freixenet and Cava Tasting
Poble espanyol de Montjuic
Aquarium
City Tour- morning or afternoon via vehicle
Barcelona Zoo
Montserrat and Sitges – Full day tour



SPECIAL OPTION IN BARCELONA: A cooking experience including half day workshop with hands on preparation of four course meal. Can also include a visit to the market. This has been confirmed to be prepared GLUTEN FREE upon request. (availability dependent upon request)

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OPTIONAL EXTENSION TO SAN SEBASTIAN

San Sebastian-Donostia is the capital city of the province of Gipuzkoa, in the Basque Country, Spain. The city was chosen by the Spanish monarchy to spend the summer. Subsequently, the Spanish nobility and the diplomatic corps opened residences in the this lovely area.

Day 8 - If going on to San Sebastian, private transfer to Barcelona Sants Rail station for train to San Sebastian – 5 ½ hours. Transfer on own to Hotel. Lunch at hotel and afternoon and evening at your leisure. Dinner at hotel or restaurant based on suggestions.

Day 9 - Optional cooking class at Culinary Workshop.

Tour of the town of San Sebastian

Meals on your own at hotel or suggested restaurants

or

Optional San Sebastian Hop On. Hop Off Tour of the city

Day 10 - Breakfast at hotel, transfer to airport for trip home to USA

COST: For pricing and more details please call Ellen Morse at 312-337-9235/
Group pricing can be obtained upon request.



San Sebastian

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